

Gender and Trauma course outline

This course builds on previous learning from Introduction to Trauma training and explores how women's experiences of trauma differ from men's in homelessness settings. You will learn about the gendered experiences of abuse women and girls face throughout their lives, how these experiences impact on their relationships and worldviews, and how to support women from a gender *and* trauma-informed approach.

This is a 3-hour course with a 15-minute break, delivered over zoom.

Who is this course for?

- Frontline homelessness professionals who have completed trauma training.
- Professionals from other sectors who have contact with homeless women/women with multiple disadvantage, who have completed trauma training.

What will you learn?

At the end of the session, you will:

- Understand how women's experiences of abuse and trauma are different to men's, across the life course.
- Better understand how abuse that occurs within relationships impacts trauma responses differently.
- Identify how services may be unknowingly further contributing to women's trauma.
- Know the key aspects of what gender and trauma informed support looks like.